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PHASE 1: MAVERICK SUPPORTIVE RECOVERY (MSR) - PROGRAM OVERVIEW

OVERVIEW

The Maverick Supportive Recovery and Career Development Centre is a three-phase program providing supportive recovery and career development opportunities. Phase One (MSR) is approximately 92 days and includes a rigorous weekly schedule. It is expected that participants will be in early stages of recovery and will benefit from the structure and accountability provided at the Maverick. Participants will meet weekly with the Drug and Alcohol Counsellor and establish a detailed Personal Service Plan (PSP). All participants will begin learning relapse prevention strategies and attend the Health Foundations group as a prerequisite for graduation into the Daily Addiction Relapse Prevention (DARP) program offered through Interior Health.

PHASE ONE ELIGIBILITY CRITERIA

- Individuals must be a minimum of 19 years of age and have a desire to abstain from drugs and alcohol while actively working on their recovery and relapse prevention planning.
- Participants must have at least seven days of sobriety and commit to abstinence-based recovery.
- To aid in accountability and monitor the safety of all participants, the Maverick utilizes procedural urine drug screens upon intake and throughout program completion. Individuals must be willing to cooperatively provide urine samples for screening when required.
- This is a voluntary program. Individuals must actively participate in all mandatory programming, as well as engage in a minimum of four sessions with our Drug and Alcohol counsellor.
- Individuals must be capable of independent living skills, such as punctual attendance management, medication compliance, ability to maintain cleanliness of living space and common areas, and ability to maintain personal hygiene independently.

WHAT IS OFFERED

An intensive schedule is provided, and all mandatory programming is to be attended, including DARP. The schedule also includes various psychoeducational groups, which are facilitated by staff. Such groups include life skills workshops and group activities, as well as 12 Step, Wellbriety, Dharma, LifeRing, and SMART Recovery meetings. Three meals and two snacks per day are included in the program fees for Phase One. The Maverick has staff on-site 24 hours per day, 7 days per week. During this time, all participants will have access to recovery support and crisis management. All program units are equipped with their own bathroom, kitchenette, and TV with basic cable. Necessities are provided, which include towels, dishes, and bedding.

PROGRAM FEE

Participants in Phase One will be charged a per diem rate of $60.00 per day. For individuals on Basic Income Assistance or PWD, the Maverick will directly bill the Ministry of Social Development and Poverty Reduction. A Confirmation of Income form must be completed prior to intake. Individuals who are receiving Band funding will be required to submit a Confirmation of Funding letter from their Band prior to intake. Individuals who are receiving funding directly from First Nations Health Authority (FNHA) will be required to submit their Confirmation of Funding letter, as well as their Certificate of Subsidization, prior to intake. Individuals who are currently receiving EI, Medical EI, or employer or union benefits will be required to submit a Statement of Benefits, prior to intake, to confirm funding for their program fees. Individuals who are using CPP, EI, Medical EI, personal savings or familial financial support to fund their program fees are considered Self-Paying participants. These individuals may be required to submit a deposit or full payment of their program fees prior to their intake at the Maverick. Self-Pay participants are able to make payments to the Maverick via cash or cheque. *The Maverick does not accept payments through e-transfer, credit card, or third-party insurance providers.*

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PHASE 2: ADULT ADDICTION AND SUPPORTIVE HOUSING (AASH) – PROGRAM OVERVIEW

OVERVIEW

The Maverick Supportive Recovery Program is a three-phase program providing supportive recovery programming and career development opportunities. Phase Two (AASH) can range between three to six months, dependent upon individual goals and level of program engagement. Each individual in Phase Two will work with MSR support staff to create a personalized weekly schedule that both meets the minimum attendance requirements and aligns with the individual's recovery pathway of choice. It is expected that participants will be in their early stages of recovery and will benefit from the structure and accountability provided at the Maverick, yet will have some experience that allows them to demonstrate self-accountability and flexibility. Participants will establish a detailed Personal Service Plan (PSP) in which they declare their goals and monitor goal progress. For individuals referred from another program and not yet completed the Daily Addiction Relapse Prevention (DARP) program offered through Interior Health, they may take part in the DARP program. Individuals who have graduated from Phase One of the MSR program and/or have successfully completed DARP will connect with the ASK Works team on-site and complete a Links to Employment intake to access support for their employment, education, and/or volunteering pursuits as an integral part of their transition plan.

PHASE TWO ELIGIBILITY CRITERIA

- Individuals must be a minimum of 19 years of age and have a desire to abstain from drugs and alcohol while actively working on their recovery and relapse prevention planning.
- Successful graduation or completion of Phase One of the MSR program, or successful completion of an equivalent alternative 3-month minimum residential/bed-based recovery or treatment program.
- Participants must have at least three months of abstinence and commit to abstinence-based recovery. To aid in accountability and monitor the safety of all participants, the Maverick utilizes procedural urine drug screens upon intake and throughout program completion. Individuals must be willing to cooperatively provide urine samples for screening when required.
- This is a voluntary program. Individuals must actively participate in all mandatory programming, as well as engage in regular Drug and Alcohol counselling.
- Individuals must be capable of independent living skills, such as; Punctual attendance management, medication compliance, maintain cleanliness of living space and common areas, and be able to maintain personal hygiene independently.

WHAT IS OFFERED

An comprehensive and personalized schedule is created, allowing individuals to create their own recovery pathway while having the accountability of some select mandatory groups. This schedule will include psychoeducational groups, which are facilitated by MSR staff. Such groups include life skills workshops, and group activities, as well as 12 Step, Wellbriety, Dharma, LifeRing, and SMART Recovery meetings. Three meals and two snacks per day are included in the program fees for Phase Two. The Maverick has staff on-site 24 hours per day, 7 days per week. During this time, all participants will have access to recovery support and crisis management. All program units are equipped with their own bathroom, kitchenette, and TV with basic cable. Necessities are provided, which includes towels, dishes, and bedding.

PROGRAM FEE

Participants in Phase Two will be charged a per diem rate of $60.00 per day. For individuals on Basic Income Assistance or PWD, the Maverick will directly bill the Ministry of Social Development and Poverty Reduction. A Confirmation of Income form must be completed prior to intake at the Maverick.
Individuals who are receiving Band funding will be required to submit a confirmation of funding letter from their band prior to intake. Individuals who are receiving funding directly from First Nations Health Authority (FNHA) will be required to submit their Confirmation of funding letter, as well as their Certificate of

Subsidization, prior to program intake. Individuals who are currently receiving E.I., or Medical E.I., or employer/union benefits will be required to submit a statement of benefits prior to intake to confirm funding for their program fees. Individuals who are using CPP, EI, Medical EI, personal savings or familial financial support to fund their program fees are considered Self-Paying participants. These individuals may be required to submit a deposit or full payment of their program fees prior to their intake at the Maverick. Self-Pay participants are able to make payments to the Maverick via cash or cheque.

*** The Maverick does not accept payments through e-transfer, credit card, or third-party insurance providers.***

PHASE THREE: TRANSITION AND VOCATIONAL PLANNING – PROGRAM OVERVIEW

OVERVIEW

The Maverick Supportive Recovery Program is a three-phase program providing supportive recovery programming and career development opportunities. Phase Three of the program can range between 3 months and 6 months, dependent upon individual goals and level of program engagement. Each individual in Phase Three will work with MSR support staff to create a personalized weekly schedule that both meets the minimum attendance requirements and aligns with the individual's recovery pathway of choice. It is expected that participants will be in their early stages of recovery and will benefit from the structure and accountability provided at the Maverick, yet will have some experience that allows them to demonstrate self-accountability and flexibility. Participants will establish a detailed Personal Service Plan (PSP) in which they declare their goals and monitor goal progress. Having successfully completed foundational levels of recovery programming, Phase Three participants work collaboratively with the ASK Works team to further their employment, education, and volunteer goals as they prepare to transition out of programming and into community.

PHASE THREE ELIGIBILITY CRITERIA

- Individuals must be a minimum of 19 years of age and have a desire to abstain from drugs and alcohol while actively working on their recovery and relapse prevention planning.
- Participants must have at least 6months of sobriety and remain committed to abstinence-based recovery.
- Successful graduation or completion of both Phase One and Phase Two of the MSR program, or an equivalent 6-month minimum residential/bed-based recovery or treatment program.
- To aid in accountability and monitor the safety of all participants, the Maverick utilizes procedural urine drug screens upon intake and throughout program completion. Individuals must be willing to cooperatively provide urine samples for screening when required.
- This is a voluntary program. Individuals must actively participate in all mandatory programming, as well as regular Drug and Alcohol counselling.
- Individuals must be actively employed or working to acquire employment or further their education.
- Individuals must be capable of independent living skills, such as; Punctual attendance management, medication compliance, maintain cleanliness of living space and common areas, and be able to maintain personal hygiene independently.

WHAT IS OFFERED

A comprehensive and personalized schedule is created, allowing individuals to create their own recovery pathway while having the accountability of some select mandatory groups. This schedule will include psychoeducational groups, which are facilitated by MSR staff. Such groups include life skills workshops, and group activities, as well as 12 Step, Wellbriety, Dharma, and LifeRing meetings. In Phase Three, participants are responsible for providing and preparing their own meals. Participants can receive staff support to access the foodbank and other community food security programs, if required. The Maverick has staff on-site 24 hours per day, 7 days per week. During this time, all participants will have access to recovery support and crisis management. All program units are equipped with their own bathroom, kitchenette, and TV with basic cable. Necessities are provided, which includes towels, dishes, and bedding.

PROGRAM FEE

Participants will be required to pay a damage deposit of $375.00 CAD, which may be obtained from the Ministry of Social Development and Poverty Reduction (MSDPR) if applicable. Rent is determined on an individualized sliding scale dependent upon the participant's employment, income, and program length, ranging from $575-$625 CAD monthly. For individuals on Basic Income Assistance or PWD, individuals are required to sign a Rent Direct form with the Ministry of Social Development and Poverty Reduction.

A Confirmation of Income must be completed prior to intake at the Maverick. Any individuals who are currently receiving E.I., or Medical E.I., will be required to submit a statement of benefits prior to intake to confirm funding for their program fees. Individuals who are using CPP, EI, Medical EI, employer/union benefits, personal savings or familial financial support to fund their program fees are considered Self-Paying participants. These individuals may be required to submit a deposit or full payment of their program fees prior to their intake at the Maverick. Self-Pay participants are able to make payments to the Maverick via cash or cheque.

*** The Maverick does not accept payments through e-transfer, credit card, or third-party insurance providers.***