



Wellness Society

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Newsletter

March 2021 Edition

The ASK Wellness Society is a non-profit organization operating in the B.C. Interior offering services in Kamloops, Merritt, and Penticton. The Society works with our community's most disadvantaged and under-served citizens to walk with them on their path to wellness while also enriching the community by reducing stigma and collaborating with other service providers, government, and the public.

This monthly newsletter is designed to share some of the stories from our participants, staff, and programs. We so often hear about the negatives in our communities when it comes to homelessness, addiction, and mental health issues, so let these stories be a chance to share and learn about the positives that come from the work we do here at the ASK Wellness Society.

ASK News and Stories



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The ASK Wellness Society was honoured by the Thompson Nicola branch of the BC Association of Social Workers with the Heart of the Grasslands Award for distinguished service. Check out the article below for more information on this award as well as to read about BC Social Work Week which took place earlier in March.

[CFJC](#)

ASK Wellness Society Chief Executive Officer Bob Hughes was also recognized for his work, though this time on a national scale. He has been awarded with a Meritorious Service Decoration by the Governor General of Canada.

For more on that, check out one of the articles below.

[CFJC](#)

[Kamloops This Week](#)

There has been a lot of discussion lately about supportive housing in the City of Penticton, particularly what it does not do. Let's talk about what it does do.

Check out *We Don't Walk Alone: Blair's Story* [here](#).



The ASK Wellness Society recently undertook a research project that looked into how well the Supportive Housing model has been working for participants in Kamloops and Penticton with the aim of identifying where the gaps are. In both cases, it became clear that a new form of complex care housing is required to address the participants needs that are not appropriately supported by the current model of housing available. To learn about the results of those studies, click the links below.

Penticton: [Global](#)

Kamloops: [CFJC](#)



ASK Wellness Society Drug Checking Operational Technician and Factotum Kile McKenna was profiled by iNFONews for his efforts to combat the overdose epidemic in our community through providing drug checking services.

To learn more about Kile and how he has been providing life-saving drug checking services, click [here](#).



The ASK Wellness Society was the grateful recipient of toques donated by Toques From The Heart, a non-profit organization that creates toques from recycled, gently used hockey socks.

These repurposed toques are donated to individuals in need, as the organization's mission is to support Canadians experiencing homelessness.

We received 50 toques from this organization which were handed out to participants at our 433 Tranquille Rd location in Kamloops.

To learn more about them, click [here](#).