



Wellness Society

ASKWELLNESS.CA

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Newsletter

February 2021 Edition

The ASK Wellness Society is a non-profit organization operating in the B.C. Interior offering services in Kamloops, Merritt, and Penticton. The Society works with our community's most disadvantaged and under-served citizens to walk with them on their path to wellness while also enriching the community by reducing stigma and collaborating with other service providers, government, and the public.

This monthly newsletter is designed to share some of the stories from our clients, staff, and programs. We so often hear about the negatives in our communities when it comes to homelessness, addiction, and mental health issues, so let these stories be a chance to share and learn about the positives that come from the work we do here at the ASK Wellness Society.

ASK News and Stories



It has been a long road with many speed bumps and detours along the way, but ASK Wellness Society's Street Outreach Worker, Brian Wells, has finally found what he feels many of the clients he sees everyday need more than anything: love for himself.

To read Brian's story, click [here](#).



The ASK Wellness Society Mattress Recycling Program needs your help and ideas!

We are reaching out to the Kamloops community with the hope of finding a company, or multiple companies, that could utilize this wood within their own production process. To learn more about the program or to get contact information, click [here](#).

What's New



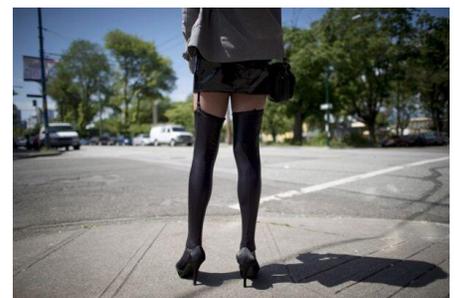
A recent study by the University of BC Okanagan has found that many homeless individuals feel the need to "perform" to get the services they need.

Learn more [here](#).



A major community partner organization of the ASK Wellness Society, A Way Home Kamloops, has hired a new Executive Director to replace the late Katherine McParland.

Get to know her [here](#).



One third of sex workers in Canada don't call 911 out of fear.

Learn more about the study conducted by the University of British Columbia's Centre for Gender & Sexual Health Equity and the University of Ottawa [here](#).