



Wellness Society

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# Newsletter

December 2020 – World AIDS Day Edition

The ASK Wellness Society is a non-profit organization operating in the B.C. Interior offering services in Kamloops, Merritt, and Penticton. The Society works with our community's most disadvantaged and under-served citizens to walk with them on their path to wellness while also enriching the community by reducing stigma and collaborating with other service providers, government, and the public.

This monthly newsletter is designed to share some of the stories from our clients, staff, and programs. We so often hear about the negatives in our communities when it comes to homelessness, addiction, and mental health issues, so let these stories be a chance to share and learn about the positives that come from the work we do here at the ASK Wellness Society.

## News and Stories



December 1<sup>st</sup> marks World AIDS Day. With social distancing impacting so many events, including the annual Walk With Us event, ASK Wellness Society Coordinator of Health Supports Pam Pickering wants to know, what are you doing for World AIDS Day?

See her article [here](#).

While we won't get to enjoy her famous recipes this year, we wanted to take the time to recognize the incredible work and legacy of Cookie Reimer, a social justice advocate who has been volunteering with the ASK Wellness Society for 28 years.

See her story, complete with a message from CEO Bob Hughes, [here](#).

Looking for more information on World AIDS Day 2020?

Check out these links:

[HIV and AIDS: Symptoms and Treatment](#)

[Awareness Resources](#)

[CATIE](#)

## What's New at ASK



In the face of growing community tension around the issues regarding homelessness in Kamloops and the ASK Wellness Society's perceived role in adding to the homeless population, we undertook a study to get an idea of where those who are living in supportive housing and on the street are coming from.

See the CFJC News article about the study [here](#).



One of the newest and most innovative programs operating at the ASK Wellness Society is the Tablet Injectable Opioid Agonist Treatment program.

Learn more about it [here](#).