



Wellness Society
ASKWELLNESS.CA

Streets → Homes → Health → Employment

Newsletter

October 2020

The ASK Wellness Society is a non-profit organization operating in the B.C. Interior offering services in Kamloops, Merritt, and Penticton. The Society works with our community's most disadvantaged and under-served citizens to walk with them on their path to wellness while also enriching the community by reducing stigma and collaborating with other service providers, government, and the public.

This monthly newsletter is designed to share some of the stories from our clients, staff, and programs. We so often hear about the negatives in our communities when it comes to homelessness, addiction, and mental health issues, so let these stories be a chance to share and learn about the positives that come from the work we do here at the ASK Wellness Society.

News and Stories



Annual General Meeting 2020

A recap of the first online ASK Wellness Society AGM.

[Read More](#)

Or

Check out the complete [AGM Report](#)



On a spring day in early March of this year, Dave Ashburn, 58, was out of money, prospects, and hope while he sat at an intersection in 100 Mile House looking out at the cars driving past on Highway 97...

[Read More](#)



In 2017, Chelsea Johnnie was one year into a deep depression following the death of her mother. She began hanging out with the wrong crowd and found herself in a position she never expected to be in...

[Read More](#)

What's New at ASK



The first ever Community Feedback Survey is now available!

Click below to let us know how we can better your community.

[Kamloops](#)

[Merritt](#)

[Penticton](#)

We've had a makeover! Our website has been overhauled to better serve our clients and provide up to date information on Society programming. Click [here](#) to check it out.